

Faith Facts Study Guide – grade 2

These concepts will be part of the First Holy Communion interview

- Jesus
 - Jesus is the Son of God
 - was born in a stable
 - Jesus teaches and performed miracles
 - Jesus performed miracles to show us he was the son of God
 - Jesus taught us to pray the Our Father
- At the Last Supper, Jesus changed the bread and wine into His **Body** and **Blood**
 - Jesus worked through his Apostles to change bread and wine into His Body and Blood. This continues through our bishops and priests
 - Jesus is really present in the Holy Eucharist
- Jesus died for our sins on **Good Friday**
- Jesus rose from the dead on **Easter Sunday**
- Jesus started the Catholic Church
- Peter was our first **Pope** (the head of the Church)
 - **Pope Francis** is our pope today
- We receive Jesus in Holy Eucharist (Communion) during Mass
 - Jesus is always present in the Eucharist in the tabernacle
 - **Consecration** is the part of Mass when the priest changes the bread and wine into the Body and Blood of Jesus
 - We receive the full sacrament when we receive the Body or the Blood or both
- Things to remember each before receiving the Holy Eucharist (Jesus)
 - [**Before Sunday Mass**] Go to confession if we have committed mortal sin – it is a good practice to go to confession regularly even for venial sins
 - [**One hour before**] Fast for one hour prior to receiving Jesus – this means no food, gum, or anything to drink (water is OK)
 - [**As you walk up to the altar**] Think about Jesus just before receiving Him - it IS truly Jesus
- Things to remember to do after receiving the Holy Eucharist
 - close your eyes and focus on Jesus – not on other people in church
 - thank Jesus for coming to you
 - tell Jesus you love him
 - ask for his help for you and others
- We are loved by God and so Blessed!